

Menu

Sept 24-Dec 24	Week 1	Week 2	Week 3
Monday	Main- Tuna pasta bake (G, F, D)	Main- veg sausage stew and potato (G + E)	Main- Sausage roll, potato and veg (G, S)
Tuesday	Main- Veggie mince and lentil cottage pie with veg	Main- Spanish cod, peppers and rice (F)	Main- Red pepper and butternut squash lasagne with veg (G,D)
Wednesday	Main- Beef chilli and cous cous (G)	Main- Veg bolognaise (G)	Main- Chicken curry and rice
Thursday	Main- Vegetable curry and rice	Main- Chicken and ham pie with veg	Main- Fish pie with veg (F)
Friday	Main- Chipotle chicken stew	Main- Fish fingers, mash and veg (F)	Main- Hawaiian pasta (G,D)
Allergens are listed below: G- Gluten S- Sulphites D-Dairy E-Egg F-Fish	A light tea will be provided for children attending after 4.30	Example- Beans on toast, cheese on toast, boiled egg, Jacket potato, wraps, cheese and crackers, soup, sandwiches.	