

Menu

Jan- Easter 19	Week 1	Week 2	Week 3
Monday	Main- Pasta and vegetables in cheese sauce (D, G) Dessert- Yoghurt, ginger and honey (D)	Main- Cowboy stew and potatoes (G, S) Dessert- Banana and custard (D)	Main- Spanish chicken, veg and potatoes Dessert- Baked fruit with cream (D)
Tuesday	Main- Sausage plait, potatoes and veg (G, D, E) Dessert- Peach and raspberry sponge pudding (E,G,S)	Main- Ham and mushroom pasta (G, D) Dessert- Yoghurt and fruit (D)	Main- Fish pie and vegetables(F, D) Dessert-Blueberry and peach pudding(D, E)
Wednesday	Main- Chicken and apricot tagine with cous cous (S, G) Dessert- Coconut milk rice pudding (G)	Main- Cottage pie and vegetables (D) Dessert- Fruit salad	Main- Chilli and rice Dessert- Ginger cake (D, G, E)
Thursday	Main- Pasta bolognaise (G) Dessert- Fruit salad	Main- Chicken curry and rice Dessert- Fruit crumble (G)	Main- Beef stew Dessert- Shortbread(G)
Friday	Main- Roast dinner Dessert- Fruit crumble (G)	Main- Butternut squash and spinach lasagne (D,G) Dessert- Banana and chocolate loaf (G, E, D)	Main- Roasted ratatouille pasta (G) Dessert- Fruit loaf(G)
Allergens are listed below: G- Gluten S- Sulphites D- Dairy E- Egg F- Fish	A light tea will be provided for children attending after 4.30	Example- Beans on toast, cheese on toast, boiled egg, Jacket potato, wraps, cheese and crackers, soup, sandwiches.	

